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## NYP/Lower Manhattan Hospital

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### Wellness and Prevention Center

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The Wellness and Prevention Center at NewYork-Presbyterian/Lower Manhattan Hospital emphasizes disease prevention and maintenance of optimal health. The Center provides patients with the most advanced diagnostic and screening tools for developing individual assessments and treatment plans to prevent or reduce the severity of disease.

Each patient receives a preliminary work-up performed by a primary care physician who is trained in a broad range of disease types. The physician completes a formal medical history and then performs a comprehensive physical examination. Testing follows evidence-based clinical protocols that are age and gender specific. Clinical findings are developed into individual patient medical profiles with customized risk assessments and recommended treatment plans.

The Center has 15 examination and consultation rooms, one procedure room, two echocardiography suites, and areas for ultrasound, transesophageal echocardiography, stress testing, and bone densitometry.

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The Wellness and Prevention Center is located on the first floor of Lower Manhattan Hospital, providing patients with easy and direct access. Patients requiring additional radiological procedures and other imaging testing are referred to the Radiology Department, which is adjacent to the Wellness Center.

Patients may be referred to the Wellness and Prevention Center by their primary care physician, through Lower Manhattan Hospital's Emergency Department, or can self-refer.

All NewYork-Presbyterian/Lower Manhattan Hospital physicians are on the faculty of Weill Cornell Medical College. Within the familiar setting of their community hospital, patients experience a level of care found in a leading academic medical center.

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### Contact

NewYork-Presbyterian/  
Lower Manhattan Hospital  
Wellness and Prevention Center  
170 William Street  
New York, NY 10038  
([Map](#))

Tel.: (646) 238-0180

# NEW YORK DOWNTOWN HOSPITAL

Member  
NewYork-Presbyterian Healthcare System  
Affiliate: Weill Cornell Medical College

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For appointments, call (212) 238-0180

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## SPECIFIC AREAS OF EXCELLENCE IN:

### **WOMEN'S HEALTH**

### **CARDIOVASCULAR HEALTH**

### **PREVENTIVE MEDICINE**

### **BREAST HEALTH**

An advanced New York Wellness Center stands at the forefront of preventive medical care. The Wellness & Prevention Center at New York Downtown Hospital provides patients with comprehensive diagnostic and treatment services. Disease prevention is a priority. Through accurate diagnoses, health risk factors can be reduced, and when needed, timely treatment plans put into action. Patients of the Hospital's Wellness Center in NYC receive not only detailed information, but also support and guidance. The Center's services are provided through: the Preventive Medicine Center, Women's Health Center, Breast Health Center and Cardiovascular Health Center.

At the Preventive Medicine Center, patients receive an evaluation from physicians trained in a broad range of diseases. Through medical histories, comprehensive physicals and testing, patient profiles are developed which include personalized risk assessments and treatment recommendations. Our Women's Health Center in New York provides specialized services and expertise in areas such as early cancer detection, incontinence, osteoporosis, gynecology, and menopause management. The Breast Health Center offers compassionate and comprehensive breast care supported by leading edge technology and clinical excellence. Personalized treatment and recovery plans are developed with the patient's input. Moody's Center for Cardiovascular Health is a New York heart center focused on the prevention of heart and vascular disease through early identification, patient lifestyle changes, and risk factor reduction.

Patients may be referred from their primary care physicians or may walk in to the Center for services without an appointment. They may also be referred to the Center through the Hospital's Emergency Department, faculty practices and clinics. Patients from all areas in the New York metropolitan region are welcome.

The Center has 15 exam/consult rooms, one procedure room, two echocardiography suites, and areas for ultrasound, and trans-esophageal echo, stress testing and bone densitometry. The Center's location on the Hospital's First Floor will provide our patients with direct access.

Patients requiring additional radiological procedures and other forms of imaging are referred directly by the Center to the Hospital's Radiology Department, which sits contiguous to the Wellness Center.

## Our Physicians

The physicians of the Wellness & Prevention Center at New York Downtown Hospital provide primary and specialty care in a wide range of disciplines. New York Downtown Hospital is a member of the NewYork-Presbyterian Healthcare System.

## Wellness Center Connects Patients to Valuable Resources

Our Manhattan Wellness Center embodies our primary mission of putting the patient first. After receiving assessments, patients who require the care of specialists or need additional testing may receive expedited referrals to the renowned Weill Cornell Medical Center, within the NewYork-Presbyterian Healthcare System. The Wellness and Prevention Center in Manhattan is dedicated to assisting patients with beneficial preventive care, diagnostic evaluations, and when required, direct access to New York's best medical resources. Hours of Service: 8:00 a.m. -7:00 p.m.

### A Brief Description of Services Provided

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Wellness & Prevention Speakers' Bureau

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