

ALFRED E. SMITH FOUNDATION: APPLICATION FOR GRANT AWARDSName of Project: Supportive Care ProgramProject Address: St. Vincent's Hospital and Medical Center of New York
153 West 11th Street, New York, New York 10011Sponsor: St. Vincent's Hospital and Medical Center of New YorkContact Person: Sister Margaret Sweeney, President Phone: (212) 790-7500PART I: SUMMARY OF PROJECT

1. Brief Description of Project: A priority component of fund raising efforts at St. Vincent's Hospital and Medical Center of New York is to ensure the future of the Medical Center's interdisciplinary Oncology/AIDS program. St. Vincent's seeks to establish an endowment of at least \$10 million for this important work over the next two to three years. To begin this process, the Frances L. and Edwin L. Cummings Memorial Fund has pledged up to \$750,000 in matching funds. The agreement stipulates that all gifts and grants received for endowment for Oncology and AIDS treatment, research or supportive care will be matched on a 1:4 basis. The Cummings Trustees have made clear indication that if all of the \$750,000 in matching funds are used, another similarly generous arrangement will follow.

In order to help St. Vincent's achieve this ambitious goal, we are appealing to the Alfred E. Smith Foundation for consideration of a special one-time grant in the amount of \$100,000. The Smith Foundation's grant will be used to ensure the continuation of the hospice and bereavement services provided by St. Vincent's Supportive Care Program to AIDS patients and their families. This program, as you may recall, was awarded the 1986 Achievement Citation of the Catholic Health Association of the United States for its pioneering work in addressing the AIDS epidemic.

2. We are seeking major grant support to help build an endowment that will enable St. Vincent's to maintain and expand this vital program.
3. Project Period: Start Date: 1979 End Date: [not applicable]
4. Amount of funding requested: \$100,000
5. Other funding sources/amounts requested: As noted above, this request is being made as part of a matching grant opportunity for the Medical Center's overall Oncology/AIDS Program. We seek to raise at least \$3 million for the Supportive Care Program.
6. Budget: See attached.

7. Specific Problems/Needs To Be Addressed By This Project:

AIDS and suffering are synonymous. Young people in the prime of their lives are daily facing debilitating symptoms and profound weakness, aggressive treatments with the possibility of severe side effects, and grim prognoses despite the valiant efforts of others to save them. They are grieving the loss of independence, of productivity and success, of friends and family love, of life and living. And as these people with AIDS suffer physically, they may also be grappling with the emotional pain of rejection, prejudice, isolation, and ostracism by family and friends.

Where does supportive care fit into the tragedy of AIDS? Supportive care is concerned with dying, death and grief. It is not necessarily a place to go to die; it is much more a philosophy of caring. Supportive care begins when all efforts at cure are no longer effective, and when care aimed at comfort - physical, emotional and spiritual - is desired. Comprehensive supportive care is offered not only to the patient but also to the family, and is provided in a choice of environments by a multidisciplinary team of professionals and trained volunteers. Supportive care focuses on living rather than dying, and on living to the fullest the time that remains. It continues its caring into the bereavement period by offering a variety of supportive services to grieving family members until after the first anniversary of the deceased.

St. Vincent's Supportive Care team, under the direction of Sister Patrice Murphy, provides a wide array of services for AIDS patients. They facilitate the rendering of optimal medical and nursing care; they listen to the sadness as they search for hope; they are a comforting presence for the fear, the sorrow, the despair; they try alone, or in conjunction with others, to discover and respond to the financial stresses; they strive to respond to the good times - periods of remission - and help to pave the way home for any period of time; they minister to the human spirit, trying to mirror the love and compassion of Christ.

8. Objectives of the Project:

- To express reverence for life by assisting patients to live life as comfortably and as fully as possible, and to experience the support of family, friends and a caring community.
- To focus the efforts of an interdisciplinary team of specially trained staff and volunteers in order to provide patients, their families and friends with physical, emotional and spiritual support that continues into the bereavement period.
- To recruit, train, supervise and support volunteers to assist in the care and support of patients and their families and friends.

- To offer hospital staff and volunteers support and reinforcement as they work with patients.
- To act as a resource to persons, community groups, or other institutions concerned and/or coping with the problem of AIDS.

9. Description of the Target Population:

Since 1979, St. Vincent's Supportive Care Program has helped more than 1,200 terminally ill patients and their families to face death with courage, comfort and dignity. The program has served patients with various forms of cancer, AIDS, and terminal cardiac, lung, renal and liver diseases. ~~Their ages range from the early twenties to the mid-nineties.~~ At present, individuals with AIDS comprise 73% of the program's daily census, which now averages between 90 and 95 patients. This compares with an average daily census of 40 patients in 1984, of whom 16% had AIDS. It is in order to maintain and expand services for the growing AIDS population that we are requesting special philanthropic support from the Alfred E. Smith Memorial Foundation.

10. Projected Enrollment:

We expect to provide hospice services for a total of 300 patients, and at least 300-400 families and friends will also receive bereavement services in 1988. Of this number, we estimate that at least 70% of our Program census will be AIDS-related.

11. Geographic Area to be Served by the Project: New York City

12. Organization:

a) Relationship of project to sponsor: The Supportive Care Program is administered and conducted by the Supportive Care Department at St. Vincent's Hospital and Medical Center of New York.

b) see attached table of organization.

13. Describe Evaluation Plan:

See attached quality assurance program for the Supportive Care Department.

ALFRED E. SMITH FOUNDATION APPLICATION CONT'D

PART II

1. Describe how the project promotes Catholic values and presence in health care.

Any patient or family member enrolled in the St. Vincent's Supportive Care Program is recognized as a unique child of God, is treated with reverence and respect, and cared for in a comprehensive manner which includes professional, caring responses to the physical, emotional, spiritual and psychosocial needs of that patient or family member.

Since the Program focuses its resources toward the terminally ill and their loved ones, it recognizes the importance of meeting these persons wherever they are on their life journey, and pledges to accompany them on the remainder of their journey toward death providing for all needs, within the Program's limitations, in a non-judgmental and compassionate manner.

Because of St. Vincent's Supportive Care Program, many who might otherwise die in isolation, fear and pain have lived instead, until their deaths, as valued, unique individuals, cared for in comfort by our Program staff or by families supported by that staff. And those left behind in grief and mourning have not had to suffer alone, but have had the opportunity to know consolation and healing through our program's unique bereavement support groups. In addition, during the past nine years more than 300 volunteers have been trained for hospice and bereavement work through St. Vincent's program, so that, increasingly, the benefits of this work, so sorely needed, may be known.

2. What is the impact of the project on health care in the region?

The impact of St. Vincent's Supportive Care Program on health care in the region has been great because it is one of only three hospice-type programs in New York City. Moreover, St. Vincent's program does not stipulate that applicants live in a specific geographic area to receive services, and it serves a large number of persons with AIDS.

The Program is recognized as a model for caring for persons with AIDS. Staff members have been invited to speak to the issue of hospice and AIDS in numerous states across the nation, and have received many visitors from other countries wishing to learn about this model of care.

Colleagues throughout the City have great respect for the Program, and frequently make referrals and/or request consultations for specific situations.

More importantly, the Program is recognized for its caring, compassion and generosity toward those it has the privilege to serve.

3. What is the impact of the program on the community?

The impact of the program on the community is very positive. As an outreach program of St. Vincent's Hospital and Medical Center, which is the community hospital for the Greenwich Village and Chelsea neighborhoods, it attracts many professional and lay volunteers to offer their time and energies in service of the terminally ill and their loved ones. The Program receives referrals from other neighborhood agencies and/or projects, and frequently works closely with other groups in trying to offer comprehensive care and service.

4. What is the program's potential for replication within the Archdiocese of New York?

The continued growth of this program, particularly over the past five years, is perhaps the best evidence of its potential for further replication within the Archdiocese of New York. Since 1979, St. Vincent's Supportive Care Program has helped more than 1,200 terminally ill patients and their families to face death with courage, comfort and dignity. In addition, more than 300 volunteers have been trained for hospice and bereavement work through St. Vincent's Program.

Our Supportive Care Program has played an especially significant role since 1984 in helping to deal with the increasing incidence of AIDS. Currently, individuals with AIDS comprise 73% of the program's daily census, which now averages between 90 and 95 patients. This compares with an average daily census of 40 patients in 1984, of whom 16% had AIDS. Clearly the need for this type of care has grown and continues to grow at an alarming rate, and St. Vincent's is committed to continue working with other agencies and organizations within the Archdiocese of New York, as well as those groups which are turning to our Supportive Care staff for advice and assistance from other states and countries, to help address this urgent need.

5. Does the program incorporate the concept of networking (i.e. among parishes, schools, health care institutions)? If so, how?

The Program firmly supports the concept of networking in two particular ways:

- 1) Responding to referrals from parishes and making referrals to parishes when terminally ill patients are returning home, so that continuity of pastoral care can be realized.
- 2) a) Providing educational programs to which clergy and/or religious, parish laity, students and health care workers are invited.
b) Providing speakers (professionals from the Program and/or volunteers) when requested to parish, school or other health care institution. Topics may include, but not be restricted to, the Hospice concept, death and dying, AIDS, pastoral ministry to the terminally ill, bereavement support.

6. Is the program unique in the area? In the Archdiocese? If so, how?

The Program is unique in several ways in the area and in the Archdiocese:

- 1) It is one of only three programs devoted to the care of the terminally ill particularly in their homes.
- 2) It is unique in that approximately 70% of the Program census is comprised of patients with AIDS receiving an array of services provided by an interdisciplinary group in their homes.
- 3) It is unique because the Program provides all of its care/services free of charge to patients and their families.

St. Vincent's Hospital and Medical Center of New York

SUPPORTIVE CARE
Two Year Budget

	<u>1988 Budget</u>	<u>1989 Budget</u>
4.00 Nurses	\$ 131,539	\$ 164,424
0.80 Social Worker	24,942	46,766
1.00 Secretary	19,138	19,903
0.40 Volunteer Coordination	11,050	11,050
1.00 Pastoral Care	16,000	16,000
Fringe Benefits	50,667	64,536
Stipends	12,000	13,500
Other Direct Costs	7,000	8,500
Administrative Expense (20%)	54,467	68,936
TOTAL	\$ 326,803	\$ 413,615

Total endowment fund allocation required to generate income sufficient to cover supportive care costs for AIDS patients and their families (at 70% of total): Approximately \$3,000,000.